

SIZE GUIDE

Men Regular	S		M		L		XL		XXL	
Size	30/30	31/30	32/32	34/32	36/32	38/32	40/32	42/32	44/32	47/33
A Chest (")/cm	34.5/88	36/92	38/96	39.5/100	41/104	42.5/108	44/112	45.5/116	47/120	49/124
B Waist (")/cm	30/76	31.5/80	33/84	34.5/88	36/92	38/97	40/102	42.5/108	45/114	47/120
C Hip (")/cm	37/94	38.5/98	40/102	41.5/106	43/110	45/114	46.5/118	48/122	49.5/126	51/130
D Inside leg (")/cm	30/76	30.5/78	32/79	32/82	32/82	32/82	32.5/83	32.5/83	33/84	33/84
European size	C44	C46	C48	C50	C52	C54	C56	C58	C60	C62
Men Tall	30/32		32/34		36/34		40/34		42/34	
Size	30/32	31/33	32/34	34/34	36/34	38/34	40/34	42/34		
A Chest (")/cm	34.5/88	36/92	38/96	39.5/100	41/104	42.5/108	44/112	45.5/116		
B Waist (")/cm	30/76	31.5/80	33/84	34.5/88	36/92	38/97	40/102	42.5/108		
C Hip (")/cm	37/94	38.5/98	40/102	41.5/106	43/110	45/114	46.5/118	48/122		
D Inside leg (")/cm	32/82	32.5/83	34/86	34/86	34/86	34/87	34.5/88	34/87		
European size	C144	C146	C148	C150	C152	C154	C156	C158		
Men Short	30/30		32/30		36/30		40/30		45/31	
Size	30/30	32/30	34/30	36/29	36/30	38/30	40/30	42/30	45/31	47/32
A Chest (")/cm	33/84	34.5/88	36/92	38/96	39.5/100	41/104	42.5/108	44/112	45.5/116	47/120
B Waist (")/cm	30.5/78	32/82	34/86	35.5/90	37/94	38.5/98	40.5/103	42.5/108	45/114	47/120
C Hip (")/cm	37/92	38/96	39.5/100	41/104	42.5/108	44/112	45.5/116	47/120	49/124	50.5/128
D Inside leg (")/cm	28.5/72	30/76	30/76	29/76	30/76	30.5/77	30.5/78	31/79	31/79	31.5/80
European size	D84	D88	D92	D96	D100	D104	D108	D112	D116	D120

Size key garments

Men	Men	Women	Women	Shirts, neck width cm and inches	
		32	XS		
XS	40-42	34-36	S	35-36	13.5/14
S	44-46	38-40	M	37-38	14.5/15
M	48-50	42-44	L	39-40	15.5/16
L	52-54	46-48	XL	41-41	16-16.5
XL	56-58	50-52	XXL	43-44	17-17.5
XXL	60-62	54	XXXL	45-46	17.5-18
XXXL	64-66			47-48	18.5-19
XXXXL	68.70				

Women	C34	C36	C38	C40	C42
A Chest measurement (")/cm	31.5/80	33/84	34.5/88	36/92	38/96
B Waist measurement (")/cm	26/66	27/69	28.5/72	30/76	31.5/80
C Hip measurement (")/cm	35.5/90	36.5/93	38/96	39/99	40/102
D Crotch length (")/cm	30.76	30/77	31/78	31/79	31.5/80
	C44	C46	C48	C50	
A Chest measurement (")/cm	39.5/100	41/104	43/110	45.5/116	
B Waist measurement (")/cm	33/84	34.5/88	36.5/93	39/99	
C Hip measurement (")/cm	41.5/106	43/110	45/115	47/120	
D Crotch length (")/cm	32/81	32/82	32.5/83	33/84	

Weight Conversion Chart (0.03527 oz/gm)

Gms	Oz
145	4.7
170	5.5
190	6.2
200	6.5
220	7.2
240	7.8
245	8.0
260	8.5
275	9.0
280	9.1
305	9.9
310	10.0
320	10.4
325	10.6
330	10.7
375	12.2
420	13.7

